Ten Tips for College Success

1. **Go to class.** You’re here for an education—don’t shortchange yourself by skipping class. Playing catch-up in the fast-paced 10-week quarter is too challenging.

2. **Balance your schedule.** Remember to put academics before extracurriculars and internships. Manage your time so you can maximize what you are able to participate in. Get your 7–8 hours of rest each night.

3. **Study from the start.** Do not pull “all-nighters” and plan to cram for tests. Instead, plan time for review every week of the quarter, 2–3 hours for every unit you take.

4. **Connect.** Go to office hours and build relationships with professors by participating in class and in campus research. Share contact info with classmates and build study groups.

5. **Build your study skills early.** Attend workshops and advising at the Student Academic Success Center to develop your academic skills before the rigor of upper division coursework.

6. **Get involved.** Participate in university life through clubs and internships that extend learning outside of the classroom, build your resume, and help you to network with others.

7. **Seek help if you need it.** Utilize campus resources and services if you need assistance, and never be afraid to ask questions.

8. **Take care of yourself.** College is a full time “job”, but make sure you are scheduling time for self-care, sleep, and leisure so you can manage your stress and stay healthy.

9. **Be aware of academic rules and policies.** Consult the General Catalog and routinely meet with your college/major advisors to make sure you are on track and are meeting requirements.

10. **Be passionate and curious.** College is a special time in your life to explore and develop your knowledge and interests. Have fun!

**Follow up on this handout!**

- Attend a **Study Skills workshop**
- Schedule an appointment to talk with a **Study Skills advisor**