



Ten Tips for College Success

- 1. Go to class.** You're here for an education— don't shortchange yourself by skipping class. Playing catch-up in the fast-paced 10-week quarter is too challenging.
- 2. Balance your schedule.** Remember to put academics before extracurriculars and internships. Manage your time so you can maximize what you are able to participate in. Get your 7–8 hours of rest each night.
- 3. Study from the start.** Do not pull “all-nighters” and plan to cram for tests. Instead, plan time for review every week of the quarter, 2–3 hours for every unit you take.
- 4. Connect.** Go to office hours and build relationships with professors by participating in class and in campus research. Share contact info with classmates and build study groups.
- 5. Build your study skills early.** Attend workshops and advising at the Student Academic Success Center to develop your academic skills before the rigor of upper division coursework.
- 6. Get involved.** Participate in university life through clubs and internships that extend learning outside of the classroom, build your resume, and help you to network with others.
- 7. Seek help if you need it.** Utilize campus resources and services if you need assistance, and never be afraid to ask questions.
- 8. Take care of yourself.** College is a full time “job”, but make sure you are scheduling time for self-care, sleep, and leisure so you can manage your stress and stay healthy.
- 9. Be aware of academic rules and policies.** Consult the General Catalog and routinely meet with your college/major advisors to make sure you are on track and are meeting requirements.
- 10. Be passionate and curious.** College is a special time in your life to explore and develop your knowledge and interests. Have fun!

*Follow up on
this handout!*

- Attend a **Study Skills workshop**
- Schedule an appointment to talk with a **Study Skills advisor**